



GLUTEN FRIENDLY MENU

Always let your server know about food sensitivities and allergies when you place your order, even if the item is listed on this menu.

- While we make every effort to prevent cross-contamination, we do have many bread and baked goods in our kitchen, which contain gluten. We cannot guarantee the absolute absence of gluten in any dish.
- We have a dedicated fryer that we use for gluten free, deep fried items. (*Our French Fries do contain gluten.*)
- We have gluten free bread and buns available

Substitute regular bread or bun for GF bread or bun for 1.00 Additional bread is available to order for 2.50

STARTERS

- Calamari** 12.95
Light and crispy calamari, breaded in rice flour and served with house-made tzatziki.
- Mussels** 14.95
1lb mussels steamed in a white wine garlic, chive cream sauce served with ciabatta.
GF bread option available, please request no bread or substitute GF bread for 1.00
- Baked Brie Dip** 15.95
An excellent sharing dish of rich creamy baked brie, caramelized onion and haskap berry compote.
Served with baguette, *GF toast points OR corn chips.*
Please request no bread or substitute with GF bread for 1.00
- Smoked Meat Plate** 18.95
A delicious sample platter of house-smoked meats; pork back ribs, brisket & pulled pork. Served with toasted bread, pickled onion, sweet drop peppers, grainy mustard and house BBQ sauce
Please request no bread or substitute with GF bread for 1.00
- Mountain Skillet Nachos**
Fresh made corn chips loaded with cheese, peppers, green onion and jalapeño, served with salsa, sour cream and guacamole. Includes pulled pork or rotisserie chicken.
- Double chair starter** 16.95
Quad chair starter 29.95
- Beet Caprese** 14.95
Marinated beets bocconcini fresh basil, reduced balsamic glaze and olive oil. Served with a warm baguette.
Please request no bread or substitute with GF bread for 1.00
- Chicken Wings** 13.95
1lb of whole wings served up with your choice of sauce:
House BBQ, hot, honey garlic, coconut curry or salt & pepper
- French Onion Soup** 9.95
Rich caramelized onion broth with garlic crustini topped with melted Swiss cheese and served with a warm baguette.
Please request no bread or substitute with GF bread for 1.00

RIBS

Our pork back ribs are smoked in-house, braised and served with chef's vegetables. Salad, rice or baked potato are GF

- Half Rack 17.95 Full Rack 27.95
- Rib and Chicken Combo** 23.95
Half rack of ribs with a quarter rotisserie chicken.
- Ribs and Seafood** 24.95
Half rack of ribs served with prawns and scallops.

SALAD

- Butternut Green Apple Salad** 13.45
Roasted butternut squash, crisp green apple, artisan mixed greens, dressed in balsamic vinaigrette and garnished with purple carrot, dried cranberries and toasted sunflower seeds.
Served with a warm baguette.
Please request no bread or substitute with GF bread for 1.00

BURGERS

Our Prime Rib burger patty is gluten free, you can change it to our veggie patty if you prefer, as it is also gluten free. Salad, rice or baked potato are GF options for side dishes. Or you can request our roasted root vegetable potato medley for just 2.75. Add Bacon for 1.50

- T-Bar Burger** 16.95
Monterey Jack cheese, artisan lettuce, tomato, pickle, onion and mayonnaise.
Please request no bun or substitute GF bun for 1.00
- Buzzsaw Burger** 16.95
This fired up burger has jalapeños, crispy onions, chipotle mayo, roasted red pepper and crisp leaf lettuce.
Please request no crispy onions and no bun to make GF or substitute with GF bun for 1.00

- Smoked Brisket Reuben** 16.95
Smoked brisket piled high; topped with carrot cucumber cabbage Slaw and tossed in sweet Honey Dijon, sauerkraut, melted Swiss cheese on toasted marble rye with Thousand Island dressing.
Please request no bread or substitute with GF bread for 1.00

- Kansas City- Hot Chicken Sandwich** 15.95
Smoked brisket piled high, topped with carrot cucumber slaw, tossed in Honey Dijon, sauerkraut and melted Swiss cheese on toasted marble rye with Thousand Island dressing.
Please request no wrap or substitute GF bread for 1.00

STEAKS

We proudly serve AAA Canadian Beef. Steaks are served with chef's vegetables. Salad, rice or baked potato are GF options for side dishes.

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| | Add ons: | |
| Sirloin 8oz | 28.95 | Cremini Mushrooms 4.95 |
| New York Strip 10oz | 29.95 | Seafood - Prawns & Scallops 7.95 |
| | | Chicken 4.99 |

ENTRÉES

- Green Curry Rice Bowl** 18.95
Roasted yam, cauliflower, Jasmine rice, baby spinach in a green curry sauce topped with 6 prawns or pan seared tofu.
- Rotisserie Chicken** 20.95
One half delicious rotisserie chicken served with cucumber carrot slaw and a side of our house BBQ sauce.
- Rainbow Trout** 17.95
Delicate Rainbow trout fillet seared skin-on and served with kale, roasted root vegetable potato medley and vegetables of the day.
- Sofrito Chicken** 14.95
Slow roasted chicken breast served with a sofrito sauce, roasted root vegetable potato medley and vegetables.
- Gluten Free Chicken Tenders** 14.95
Specially prepared chicken tenders are light and delicious. Made in our Gluten free fryer; served with plum sauce and your choice of salad, rice or baked potato (*kids size portion also available*).